

Heartland House

A 3-year overview
2016 -18

Who we served . . .



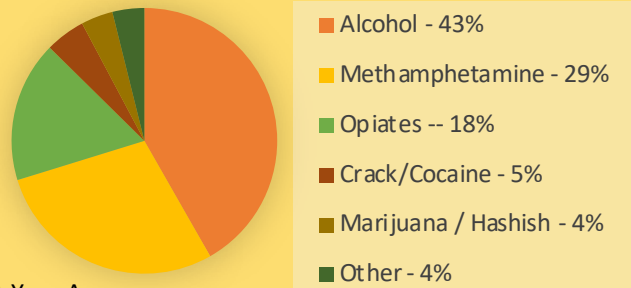
How the men we serve are changing.

They are
younger (median age 38)
More are
homeless (48%)
unemployed (71%)
More have
psychiatric diagnoses (51%)
suicide ideation (20%)

Primary Addictions of Clients 3-year average

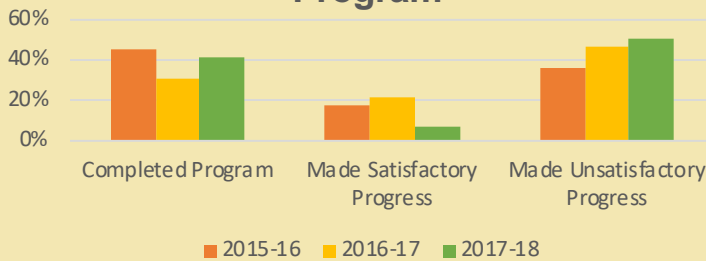
In the past 3 years:
Addiction to opiates has risen 14%
Addiction to methamphetamines has risen 6%
Clients with opiate addictions and parolees have experienced the lowest success rate.

Primary Addiction*



* 3-Year Average

Men Completing Recovery Program



Our Impact

Men stabilize their lives.

3-Yr Average	Rated At Intake	Rated At Discharge
Homeless	41%	1%
Unemployed	63%	17%

Recent Highlights

- Opening of the Sober Living Facility
- Grants from the McMillan Family Foundation, The Patriots Connection and Las Patronas
- Certification as a Drug Medi-Cal program

Continually Improving: Rides for Recovery is a game changer

Veterans at Heartland House with physical and mental health issues frequently missed their recovery program sessions due to lengthy bus or shuttle rides to the VA facility in La Jolla . We ran a pilot program providing veterans on-demand transportation (Lyft, Uber) to and from VA appointments. Due to Rides for Recovery and adjustments at the VA, these men could fully participate in our evidence-based programs **and there was a 44% increase in veterans completing their program** from the previous year.

The Twelfth Step House of San Diego (known as Heartland House) offers a multi-dimensional recovery treatment model tailored to each man's unique needs, which uses evidence-based practices with trauma-informed, culturally competent care.

To learn more about
Heartland House:

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www.heartlandhouse.org